



Before Oral Conscious Sedation Instructions

Our goal is to provide quality care, as well as a positive dental experience for your child. In selected situations, oral conscious sedation is recommended in order to make your child's dental visit as easy and comfortable as possible.

Sedation usually involves the use of several medications. The particular combination and dosage of medications are individually tailored to your child's needs. Use of sedation will generally help relax your child and relieve his/her fear and anxiety. Although we **do not** "put children to sleep", they often nap lightly.

In order to help ensure a successful sedation appointment, your understanding and cooperation with the following instructions is necessary:

Eating & Drinking Do not give your child solid foods, milk or dairy products at least 6 hours prior to the sedation appointment. You may give your child **CLEAR** liquids up to four hours prior to the sedation appointment. Clear liquids are water, apple juice, or tea. This helps to avoid vomiting and the resulting complications during the sedation appointment.

Medications Do not give your child any medications before or after the sedation appointment unless the doctor has prescribed them or previously agreed.

Change In Health Notify us as soon as possible if there is a change in your child's health (for example: a cold during the week prior to his/her sedation appointment).

Arriving A parent or legal guardian must accompany the patient to the office and must remain in the office until the treatment is completed. Please plan to arrive **early** for your appointment.

Activities Do not schedule further activities for your child on the day of dental treatment. Limit your child's physical activity and plan to make the day quiet and relaxed. Stay at home with your child for the rest of the day.

Contraindications Please inform us if your child has any of these following conditions, or any other conditions not listed that you are concerned might affect your child's sedation or treatment:

- Hypoalbuminemia-low blood protein
- Uncontrolled Glaucoma
- Heart, Liver, Lung, or Kidney problems or conditions